

DIY - Vegan Advocacy 3-inch Sticky Notes!

Motivated by the [#veganstickynotechallenge](#)....we created a vegan message for 3"x 3" sticky notes! And had them created at Vistaprint.

Our cost came out to be ~.05 cents per sticky note, including shipping (Vistaprint discounts the larger quantities you purchase).

If you are interested in doing this type of vegan advocacy - it's very easy! And having them printed up is a snap!

If you want to use one of our designs, just download one of ours [here](#) and have them created/printed out by Vistaprint (as that's where the template came from). There is a total of **5 messages** to choose from (each with a variety of borders to choose from) – and hence, there are [5 file folders](#). The key difference between them is this:

- One sticky note design includes: Visit: [AbsoluteVegan.org](#);
- One includes: Visit: [WhyVeganism.com](#);
- One includes: Visit: [WhyVeganism.com](#) & [HowDoIgoVegan.com](#)
- One includes: How to Go Vegan in 4.5 Hours (like the popular meme); and
- One includes: How to Change Your Life in 4.5 Hours (a twist on the above meme)

Don't want to fuss with the above? You can buy from our ready-made supply - Please go [here](#).

INSTRUCTIONS to have your sticky notes created/printed (easy!!)

1) Use one of our designs (or create your own). Our designs are ready to go/no fuss as they use the template from Vistaprint. **Just download a desired image (to your own PC) - from [here](#). See the design variations mentioned above.**

2) Then go to Vistaprint;

<http://www.vistaprint.com/sticky-notes.aspx...>

And click on "Upload your own completed design" - Then "Add images from:" At this point, you want to select "My Computer". This is where you navigate to where you downloaded the design from step #1. Then simply review (all should be good to go, since they were created with Vistaprint template).

3) Place your order!

4) ****20% COUPON**** - We just received our order - and with it a COUPON: Instructions for use: enter YOUR20 at checkout.

OTHER: If anyone would like help creating a different design/vegan text....I may be able to help. Please send an email to absoluteveganism@gmail.com or contact me on FB at:

<https://www.facebook.com/absolutevegan/?fref=ts>

Now....to find appropriate places to plant seeds! Be sure to check out [#veganstickynotechallenge](#) for ideas...and be sure to post your creative, vegan advocacy there!!!

Thank you for your advocacy efforts!!